

Social Media Calendar

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
National Mental Wellness (All Month)	Teen Dating Violence Awareness & Prevention (All Month)	Baby Sleep Day (March 1)	Child Abuse Prevention (All Month)	Foster Care Awareness (All Month)	National PTSD Awareness (All Month)
National Mentoring (All Month)	Make a Friend Day (February 11)	World Teen Mental Wellness Day (March 2)	Sexual Assault Awareness (All Month)	Mental Health Awareness (All Month)	Juneteenth (June 19)
Self-Love (All Month)	Random Act of Kindness Day (February 17)	Let's Laugh Day (March 19)	Stress Awareness (All Month)	National Anxiety (All Month)	
		Social Worker Appreciation Month (All Month)	National Counseling Awareness (All Month)	Maternal Mental Health (All Month)	
			World Autism Awareness Day (April 2)		

For possible additions to the Social Media Calendar please contact Greg White at gwhite@fccnetwork.org

JULY**AUGUST****SEPTEMBER****OCTOBER****NOVEMBER****DECEMBER**

International
Self-Care Day
(July 24)

International
Overdose
Awareness
(All Month)

Baby Safety
Month
(All Month)

Domestic
Violence
Awareness
(All Month)

International
Stress
Awareness
(All Month)

Seasonal Affective
Disorder
Awareness
(All Month)

National Seasonal
Affective Disorder
(SAD) Day
(July 24)

National Grief
Awareness Day
(August 30)

National Self-
Care Awareness
(All Month)

World Mental
Health Day
(October 10)

National Family
Caregivers
Month
(All Month)

Social Wellness
(All Month)

Relaxation Day
(August 15th)

National Alcohol
& Drug Addiction
Recovery
(All Month)

National
Depression
Education &
Awareness
(All Month)

National
Homeless Youth
Awareness
(All Month)

Happiness
Happens Day
(August 8)

National Suicide
Prevention
Month
(All Month)

ADHD
Awareness
(All Month)

World Kindness
Day
(November 13)

World Smile Day
(October 6th)

National Bullying
Prevention
(All Month)